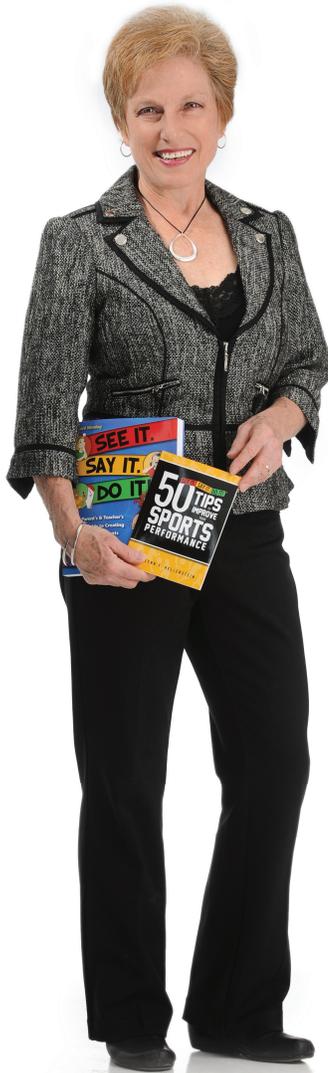


A pioneer in vision therapy and developmental optometry, for more than 30 years Dr. Lynn Hellerstein, has helped thousands of children and adults improve their vision and transform their lives — at home, in the classroom, and most recently on the playing field. Her breakthrough methods unlock barriers to learning and “rewire” around brain injuries, and perceptual or processing deficits.

According to Dr. Hellerstein, “Vision disorders are the number one handicapping condition for children in America today. One out of 4 school-aged children have a vision problem. Yet, millions will not have an eye examination by an eye doctor before they start school.” Dr. Hellerstein’s work is critical for millions of children and their families.

A Past-President of College of Optometrists in Vision Development (COVD), she is also a Fellow of the American Academy of Optometry. She graduated with honors from Pacific University College of Optometry in 1977 and serves as an adjunct professor at five schools of Optometry.



Award-winning author

Dr. Hellerstein has extensive professional publications to her credit, but witnessing the joy of her patients overcoming a learning barrier or meeting a sports goal put her on a mission: to deliver her methods into a form that could reach a wide audience of parents and educators, to help more kids and more athletes. Her award-winning series, **SEE IT. SAY IT. DO IT.**[®], is the happy result.



Optometric practice

Dr. Hellerstein co-owns Hellerstein & Brenner Vision Center, P.C., a full-scope optometry practice in the Denver-Metro area, where she is a developmental optometrist and manages the vision therapy department. The practice specializes in the prevention, treatment, remediation and enhancement of the visual system for children and adults to achieve optimal function.



Speaking

Dynamic and engaging, Dr. Hellerstein is a popular speaker nationally and has appeared internationally. Her electrifying programs open the eyes of parents, educators, therapists, athletes, coaches, optometrists, and physicians to the power of the visual brain — and how to engage it effectively.

Consulting

Many educational and parenting groups, rehabilitation facilities, and sports teams consult with Dr. Hellerstein to increase success in school, work, sports, and confidence. Please contact Dr. Hellerstein for information about she can help your organization boost performance.